

SOMETHING TO THINK ABOUT:

1. Why are we afraid to enjoy delights on the Sabbath?
2. What fences have we created that keep us and others from experiencing the celebration and delight of the Sabbath?
3. How do we begin to taste and see the goodness of God on this Sabbath right now?

ADDITIONAL NOTES

Why We Need the Seventh Day

with Pastor Benjamin Orian



STUDY GUIDE

“Remember the Sabbath day to keep it holy. Six days you shall labor and do all your work.”

Exodus 20:8-9



THE SEVENTH DAY SERIES
with Pastor Benjamin Orian

Guides in this Series:

- 01 Why We Need the Seventh Day
- 02 The First Seventh Day
- 03 The Seventh Day in the Old Testament
- 04 The Prophetic Seventh Day
- 05 The Seventh Day in Jesus’ Day
- 06 The Seventh Day and the Greatest Commandment
- 07 The Riddle of the Seventh Day in Colossians
- 08 The Seventh Day Today
- 09 From the Seventh Day to the First Day
- 10 1 to 7: Creation Time to Clock Time
- 11 The Restoration of the Seventh Day
- 12 The Seventh Day Lost in Time

www.orian.us (download these guides and more)


All Bible references, unless otherwise noted, are from the New King James Version of the Holy Bible. ©1982 Thomas Nelson, Inc.


A REASON FOR THE SERIES:


- ▶ To study the Sabbath from every angle of Scripture.
- ▶ To understand it from both Old and New Testament perspectives
- ▶ To learn to experience it the way God intended

Remember the
Sabbath day
to keep it holy.

HOW TO REMEMBER THE SABBATH:

 **Exodus 31:16** in the New King James Version (NKJV)
“Therefore the children of Israel shall _____ the Sabbath,
to _____ the Sabbath throughout their generations as
a perpetual covenant.”

 **Exodus 31:16** in the New American Standard Version (NASB)
“So the sons of Israel shall _____ the Sabbath, to
_____ the Sabbath throughout their generations as
a perpetual covenant.”

 **Exodus 31:17** (NASB)
“It is a sign between Me and the sons of Israel forever; for in six
days the LORD _____ heaven and earth, but on the
seventh day He ceased from labor and was refreshed.”

A BETTER TRANSLATION: Exodus 31:16

“Therefore the children of Israel shall _____ the Sabbath,
to _____ the Sabbath throughout their generations as
a perpetual covenant.”


Genesis 2:2 has been misunderstood, and maybe that’s why we have
treated the Sabbath the way we do. Note the text:

“And on the seventh day God eneded His work which He had
done, and He **rested** on the seventh day from all His work
which He had done.”

The word “RESTED” is the verb form of “SABBATH.” Literally the text
is telling us that God _____.

What is the primary subject of the Sabbath? _____

You can’t truly tell the story of Creation without the _____!

-  **What four things happened in Genesis 2:2?**
1. _____
 2. _____
 3. _____
 4. _____

True Sabbath joy and delight is entered into when “equally and
simultaneously gaze at creation and redemption, in spite of the darkness
that surrounds us and constantly clamors to be truer than God”

(Dan Allender, The Sabbath, page 16).

If your mentality of Sabbathing is strictly about regulations and church,
potluck, and afternoon naps, you more likely _____.